



BALLROOM DANCE CLASSES

Learn the fox trot, waltz, rumba, salsa, swing, cha cha and more!

Social dance is a quality-of-life enhancement....it offers benefits to one's health, enrichment to your relationship and broadens the social experience. Learning the fundamental skills offered in these classes will enable you to dance at weddings, on cruises and at local venues.

This approach places emphasis on techniques of lead and follow with basic steps in several popular dances....and having fun while learning!

About the instructor... Jacqueline Murray has been teaching ballroom dance for over forty years. She has taught in Rush Henrietta Continuing Education, Webster Recreation, Valley School of Dance & Shakti Yoga, as well as privately in her own studio in Rochester. Jacquie's intention is to create a truly workable dance foundation, allowing her students to gain confidence in basic technique and musicality while learning in a light, pleasant and enjoyable atmosphere. Her level II class provides continuing students with the opportunity to expand their repertoire and develop their existing skills.

Level I – 8 weeks, Wednesdays, 7:00 – 8:00 pm May 7 – June 25

Level II – 8 weeks, Wednesdays, 8:00 – 9:00 pm May 7 – June 25

Fee: \$200 couple \$100 individual 10% discount for SUNY students

Private classes also available: \$60 couple / per hour.

Location for Ballroom classes: Sweet Briar Rte. 63, Geneseo

Call 585-243-5240 or 245-9886 for directions.

www.danceandyoga.com

www.sweet-briar.net

email: info@danceandyoga.com

Mail – In Registration is due no later than 5 days prior to session.

Name(s): _____

Mailing Address (es): _____

Phone #'s: _____ Email: _____

Level I ___ Level II ___

Amount enclosed: _____ Make checks payable to: SHAKTI YOGA, PO Box 515 Geneseo, NY 14454 585-243-5240